



SoulPer**S**uit.com

How to Lead a Group SoulPerSuit

Discussion Group Leader

- **Before the First Meeting**
- **At First Meeting**

Supplies

Itinerary

- **Shuffle the Deck**
- **Deal the Cards**
- **Play Your Hand**

Meeting Frequency



If you have managed to find a group of live, breathing bodies to do a SoulPerSuit with, congratulations! While SPS is designed to be enjoyed on a personal level, you'll find that discussing the lessons and working on your cards together as a group will add even greater depth to the experience.

Discussion Group Leader

Choose a discussion group leader. This person need not be a Bible scholar, a seasoned Christian, of a certain age, married, unmarried, or anything of the sort. All the group leader needs to do is commit to lead the group for the duration of the study, get some group discussion rolling, and gather any supplies that are required for Shuffling the Deck for Groups.

Before the first meeting

It would be most helpful to read How to SPS. This gives you an overview of the SPS process from beginning to end.

If you have group members who have never done or seen SPS, it might be helpful to print off some card samples from our gallery to show them, if you do not already have some samples of your own.

Put together a basic set of supplies and contact members about anything they may need to bring. This is all negotiable. See Supplies below.

If you are going to get started on the lessons at your first meeting, then you will want to prepare according to the suggested itinerary below.

At The First Meeting

If a discussion group leader has not been chosen, choose one. The group can also share leadership responsibilities. Decide how many group members would like to help with the leadership responsibilities and then decide who will be in charge each week.

Decide how often you will meet and which lessons of the study you will cover in those weeks. Check the calendar to see how long the study is. There may be more lessons to the study than the number of times you meet. Print off the calendar and the first lesson and decide which lesson will be covered in each meeting so that everyone can prepare for each meeting.

Supplies

Supplies should not prevent you from doing SPS. SPS is intended to be done with whatever you have on hand. Each group member is responsible for all of their supplies. Some of the group ice breakers (Shuffle the Deck) require basic household items so consider asking group members to



donate a few bucks at the beginning of the study to offset the cost, choose ice breakers that use what you already have, or raid your kid's craft box!

See "Do I Need to Buy Anything?" for a supplies starter kit. If you want to expand the supplies the group shares at each meeting, pass out the Full House of Supply Ideas and have participants bring whatever they would be willing to share with the group the next time you meet. Everyone usually has some sort of tools or ephemera they are willing to share.

Itinerary

SoulPerSuit has a very basic procedure that you can follow at each group meeting:

1. Shuffle the Deck
2. Deal the Cards
3. Play Your Hand

1. Shuffle the Deck

Please DO NOT underestimate the importance of this step. "Shuffling the Deck" for Groups is designed to loosen up your group for discussion, allow the members to get to know one another better, and (pssst! our secret agenda) get the creative juices to start flowing before you break out the scissors and work on your cards. "Shuffling the Deck" for Groups is an integral part of SPS in a group setting; you will find that skipping it puts your group at a disadvantage.

[Click here](#) to go to a printable list of "Shuffling the Deck for Groups".

You might also use this time for everyone to share the cards they have made or completed since your last meeting. Each other's work is very encouraging and helps stimulate creativity.

2. Deal the Cards

This is the body of the study. You, as a leader, should have completely read through this and answered all the questions in "What Are You Holding?". When your group meets, discuss the answers to these questions and then together do the Group Option provided.

Encourage your group to use a journal to record their answers and insights during the week. Make notes of any insights or questions you have when your reading or studying the lesson. Visit the blog to learn what others are saying about the lesson that week.

3. Play Your Cards

This is the time when everyone breaks up and works on their own cards individually. SPS cards are to express personal application of the lesson. Make sure you have a copy of the questions provided in "Play Your Cards". In case someone does not know what they want to make their card about, they can make their card based on the answer to these application questions. But it is not required. They are an additional help in coming up with card application ideas.



Meeting Frequency

You do not have to meet every week. Meet as often as you are able. Although many do SPS on their own as an individual study, feedback has told us that most individuals would have liked to have been a part of a group meeting at least once - for encouragement.

In between meetings, communicate frequently with your group through e-mail or a blog. Remind them of meeting dates, to bring the cards they have made, and to bring any supplies they might like to share with the group. The most encouraging thing about meeting as a group is sharing your cards with each other. Always make time for this in your meetings.